

# Parish Bugle

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#### **BE A HEALTHY PERSON**

Health does not come from nutritious foods, vitamins and minerals alone. It comes from peace of mind, peace in the heart and peace in the soul. Health is magnified in laughter, love, joy and faith in God. Peace of mind is of utmost importance in our pursuit of success. Let there be peace within us so that we can accomplish our dreams. We are marvelously designed by God. He made us in a way that all our body systems work together in unimaginable and intricate ways. Our soul, spirit, mind and body are all connected soul, spirit, mind and body are all connected and work together perfectly according to His design. Because we are designed by God, when we live according to His principles as outlined in the Bible, our life will be more full and we are more likely to experience a life of peace, joy and hope. This will create an environment that favors good health.

Love and peace of mind do protect us. They allow us to overcome the problems that life hands us. They teach us to survive, to live now, and to have the courage to confront each day. God promised us His peace, and God always keeps His promises. If we will trust Him and receive His peace, then all worry, fear, and anguish will fade from our minds and hearts.

Have a blessed and fruitful life in the New Year.



Fr. Joseph Kanatt mcbs Your Parish Priest

#### St Patrick's Mass Times:

Mondays and Tuesdays 7am
Wednesdays 7pm
Thursdays and Fridays 7am
Saturdays 8am and 6pm
Sundays 7am, 9am and 6pm
1st Friday of month, Healing Mass
Fridays Exposition of Sacrament 7am-7pm
Saturdays Mass/Novena 8am
Rosary in the Chapel 9am

#### St Patrick's Weekly Activities:

Mondays 9am Adult Meditation
Mondays 3:15pm Children's Meditation
6:30pm Choir Practice
Tuesdays 8am Rosary in the Chapel
10:30am Charismatic Prayer Group
12:30pm Legion of Mary
7pm 1st & 3rd Tues every month
Together-in-Faith Prayer Group
Sundays 9am Children's Liturgy

### Message from His Holiness Pope Francis

#### Migrants and refugees: men and women in search of peace

#### 1. Heartfelt good wishes for peace

Peace to all people and to all nations on earth! Peace, which the angels proclaimed to the shepherds on Christmas night, is a profound aspiration for everyone, for each individual and all peoples, and especially for those who most keenly suffer its absence. Among these whom I constantly keep in my thoughts and prayers, I would once again mention the over 250 million migrants worldwide, of whom 22.5 million are refugees. Pope Benedict XVI, my beloved predecessor, spoke of them as "men and women, children, young and elderly people, who are searching for somewhere to live in peace." In order to find that peace, they are willing to risk their lives on a journey that is often long and perilous, to endure hardships and suffering, and to encounter fences and walls built to keep them far from their goal.

In a spirit of compassion, let us embrace all those fleeing from war and hunger, or forced by discrimination, persecution, poverty and environmental degradation to leave their homelands.

We know that it is not enough to open our hearts to the suffering of others. Much more remains to be done before our brothers and sisters can once again live peacefully in a safe home. Welcoming others requires concrete commitment, a network of assistance and goodwill, vigilant and sympathetic attention, the responsible management of new and complex situations that at times compound numerous existing problems, to say nothing of resources, which are always limited. By practising the virtue of prudence, government leaders should take practical measures to welcome, promote, protect, integrate and, "within the limits allowed by a correct understanding of the common good, to permit [them] to become part of a new society." Leaders have a clear responsibility towards their own communities, whose legitimate rights and harmonious development they must ensure, lest they become like the rash builder who miscalculated and failed to complete the tower he had begun to construct.

. . . . .

#### 6. For our common home

Let us draw inspiration from the words of Saint John Paul II: "If the 'dream' of a peaceful world is shared by all, if the refugees' and migrants' contribution is properly evaluated, then humanity can become more and more a universal family and our earth a true 'common home'. "Throughout history, many have believed in this "dream", and their achievements are a testament to the fact that it is no mere utopia.

Among these, we remember Saint Frances Xavier Cabrini. This remarkable woman, who devoted her life to the service of migrants and became their patron saint, taught us to welcome, protect, promote and integrate our brothers and sisters. Through her intercession, may the Lord enable all of us to experience that "a harvest of righteousness is sown in peace by those who make peace."

Extract from: MESSAGE OF HIS HOLINESS POPE FRANCIS FOR THE CELEBRATION OF THE 51st WORLD DAY OF PEACE — 1 JANUARY 2018 http://w2.vatican.va/content/francesco/en/messages/peace/documents/papa-francesco\_20171113\_messaggio-51giornatamondiale-pace2018.html

### Happening in our Parish

#### Good Buy to our Parish Secretary

We said goodbye to our parish secretary, Theresia Haughton, who has been working for the parish for the last 15 years. She served six priests in that time and helped us with our requests. Thank you Theresia and all the ladies and gents who helped make it a good celebration.

#### **New Parish Finance Secretary**

Ronet Dmello will begin working in the Parish office as finance secretary from the 24th of January. Ronet will be working Monday's and Wednesday's.



Theresia with well wishers



#### Our Lady in the Chapel

A big Thank You to Laura Cantorella from Wishart for restoring and beautifying our Lady in the Chapel. Laura also bought our Lady her crown, from Italy and found the globe that our Lady used to have around her neck but which was stolen years ago. Tamara has attached it back on the statue.

Plans and ideas are in early stages for refurbishing the Chapel. Fr Joseph is liaising with John Truelson. More information will follow as the details are worked out. Tamara Maloney

#### Alpha Program at St Patrick's

In December St Patrick's was host to an Alpha information evening with people attending from a number of different parishes. We started the meeting with a shared meal before assembling in the church.

The Alpha program introduces people to Jesus while teaching the foundational elements of our faith.

"I really enjoyed listening to all the comments on Alpha and since we are about to begin Alpha in our Parish, I thought that you might like to explore the programme. A leaders programme will be running in February and I pray that you will be involved and excited for this programme. Please feel free to contact me on 0458 134 280 or coljon@fotinos.com.au. God Bless."

Colleen Sheehan.



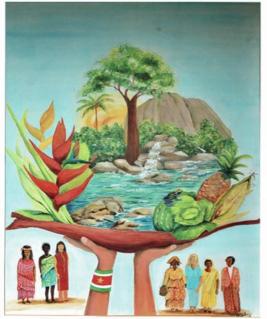
### Up Coming-World Day of Prayer

World Day of Prayer 2018

### **Suriname**



All God's Creation is Very Good!



When: 2nd March 2018 at 10am Where: St Patrick's Church.

24 Tobruk Street, Beenleigh

Dear Parishioners,

On behalf of the World Day of Prayer committee we would like to Invite all Parishioners to this special day of prayer that will be held on Friday 2<sup>nd</sup> March 10am at our church here at St Patrick's, this year's host church for the World Day of Prayer 2018.

The service for 2018 has been prepared by the women of the little South American country of Suriname. The theme they have focused on is "ALL GOD'S CREATION IS VERY GOOD'. The women of Suriname have put together a beautiful service for us to follow and we would be delighted if you could join us to celebrate the World Day of Prayer 2018.

World Day of Prayer Committee.

#### **About World Day of Prayer**

The World Day of Prayer is an international ecumenical Christian event. Initially it was a women's initiative, but now it is for everybody. It is celebrated annually in over 170 countries on the first Friday in March and this year is the 51st occasion. The aim is to bring together various races, cultures and traditions in a yearly common Day of Prayer, as well as closer fellowship, understanding and action throughout the year.

World Day of Prayer Committee.

#### **About Suriname**

Suriname, officially known as the Republic of Suriname, is a sovereign state on the north-eastern Atlantic coast of South America. It is bordered by French Guiana to the east, Guyana to the west and Brazil to the south. At just under 165,000 square kilometres, it is the smallest country in South America. Suriname has a population of approximately 558,368, most of whom live on the country's north coast, in and around the capital and largest city, Paramaribo.

Wikipedia

### Up Coming

Shrove Tuesday, also known as Pancake Tuesday or Pancake day, is the day immediately preceding Ash Wednesday, the first day of Lent. Shrove Tuesday is celebrated in some countries by consuming pancakes. It allows for the eggs, butter and fat to be used up as this is discouraged during Lent. In other countries this is a carnival day, and also the last day of "fat eating" or "gorging" before the fasting period of Lent.

The expression "Shrove Tuesday" comes from the word *shrive*, meaning "absolve". Catholics make a special point of self-examination, of considering what wrongs they need to repent, and what amendments



English Pancake Race
By Lestalorm - Own work, CC BY-SA 3.0,
https://commons.wikimedia.org/w/index.php?
curid=28205011

of life or areas of spiritual growth they especially need to ask God's help in dealing with "

#### **Burning palms for ashes**

At St Patrick's John Truelson collects the palm branches and fronds from the Palm Sundays Masses. He then burns the palms in a special urn and those are the ashes used on Ash Wednesday. When John started doing this he was not aware of the Catholic tradition and what the church prescribes. He feels that he has been guided by the Holy Spirit. The Catholic tradition is said to date back to the 12th century.

Ash Wednesday is the first day of Lent. Lent is the Christian season of preparation before Easter. The Lenten season is a time when many Christians observe a period of fasting, repentance, moderation, self-denial and spiritual discipline. The purpose is to set aside time for reflection on Jesus Christ - his suffering and his sacrifice, his life, death, burial, and resurrection.

Catholics who observe Lent typically make a commitment to fast, or to give up something—a bad habit, or a food or drink, such as chocolates or coffee.

Some also take on a Lenten discipline, such as reading the Bible and spending more time in prayer to draw nearer to God.



Strict observers do not eat meat on Ash Wednesday or Fridays during Lent, having fish instead. The goal is to strengthen the faith and spiritual disciplines and develop a closer relationship with God.

The significance of the 40-day period of Lent is based on two episodes of spiritual testing in the Bible: the 40 years of wilderness wandering by the Israelites and the Temptation of Jesus after he spent 40 days fasting in the wilderness.

From The Little Black Book

## Kid's Stuff

### Happy Australia Day!

- Q. What's a crocodile's favourite game?
- Q. What's small, furry and bright purple?
- Q. What do you call a boomerang that doesn't come back?
  - Q. Why did the emu cross the road?
  - Q. What's a koala's favourite drink?
  - Q. What do crocodiles call children?
- Q. What do you get when you cross a kangaroo with sheep?
- Q. What animal can jump higher than the Sydney Harbour Bridge
  - Q. Why do kangaroo mums hate bad weather?







eri, All animals, because bridges can't jumpi, Their joeys have to play inside!

Answers: Snap!, A koala holding its breath!, A stick!, To prove he wasn't a chicken!, Coca Koala!, Appetisers!, A woolly jump-

# Year of Youth

This year, as we prepare for the 'Year of Youth', a group of young people ages 10-21 participated, by listening to two very inspiring talks.

Dave Clarke, a father, a member of our St Patrick's community and also happens to be a police officer at the Beenleigh police station. In his talk, he explained about his past, his family life and what he does working as a police officer. He also mentioned the problems of young people in today's world, such as the consequences of use of drugs and alcohol and stressed how important it is to stay away from drugs.

Sister Melissa Dwyer from Canossa talked about vocations in life. She fondly recalled her life as a young nun and as a teacher, her life in Africa and her apostolate with the young people of Brisbane. She inspires young people to have a dream. As she says, "It's important to love the Life we have and to Live Whatever Call, God prepares for us."

Abby Se



Young people attending talk in St Patrick's Church



David Clarke addressing the youth



Sr Melissa Dwyer from Canossa

The Australian Bishops have identified the liturgical year of 2018, beginning on the first Sunday of Advent (3<sup>rd</sup> December 2017), as a national Year of Youth.

The Year of Youth invites the church into dialogue about the importance and life-giving presence of young people in the Church and society. It calls for dialogue and active engagement focused on the reconnection and renewal of a new generation of young people in the life of the Church.

The Year of Youth aims:

prayerfully discern the Australian Bishops vision for ministry with young people, Anointed and Sent;

authentic and personal engagement by Church leaders in the challenges and success in young people's lives;

acknowledging the Holy Spirit at work in the lives of young people, and young people acting upon the Holy Spirit in the life of the Church; and

upholding the dignity of young people, ensuring a safe environment from physical, emotional and spiritual harm.

The Year of Youth is focused on local renewal and engagement.

https://youth.catholic.org.au/projects/year-of-youth

### Filipino "Simbang Gabi"

It all started when Peter Witham, Father Joseph Kannat and St. Patrick's Parish Council convened a meeting on 13/11/17 intending to keep the spirit of multiculturalism burning after a successful multicultural celebration in August 2017. The cultures represented in that meeting were invited to regularly meet, celebrate cultural events and assess the parish support for the event.

The Filipino community took the challenge and suggested that we, as a parish, celebrate the Filipino "Simbang Gabi" (Night Mass). As a Filipino tradition, Simbang Gabi masses are novena masses that are held at dawn for nine days starting 16<sup>th</sup> of December to the 24<sup>th</sup>, in anticipation for Christmas. The mass begins at four o'clock in the morning. Pope Sixtus V ordered that Simbang Gabi be heard before sunrise to accommodate the farmers who needed to be in the field after the celebration. He authorized that during Simbang Gabi the priest wears white vestment and that "Gloria" is sung.

In St. Patrick's Parish, Beenleigh, it would have been ideal if we could celebrate Simbang Gabi for nine days but our resources were limited. So it was decided that for this year, ours will only be on Friday, 22<sup>nd</sup> of December 2017. Weeks before this, preparations were done to make the celebration festive and solemn. The Church was decorated with Christmas lights. The choir was organized by Larry Tojino and his group. Reverend Father Nestor Candado, OP, graciously accepted our invitation to be the main celebrant of the Mass. Led by Vines Se and Marively Torralba, invitations were made using the social media, flyers and announcements in the masses.





An impressive number of participants came to our Simbang Gabi which started at 6 PM on Friday, 22/12/17. Father Joseph Kannat and Father Nestor Candado led the people in the celebration. Father Nestor Candado expressed his delight in seeing many participants wearing festive clothes and solemnly bringing with them their prayerful intentions. He inspired us with his homily and encouraged Filipinos to continue to accept the challenge of strengthening their Christian faith here in Australia where we work and reside. The mass was made lively by the choir singing Christmas Carols and Gloria. Among the prayer intentions was that all cultures will continue to pray and work for their countries' peace and prosperity. Consistent with our tradition, our celebration was made complete by the sharing of a meal generously brought by the participants. Thanks everyone for all your help and support!



### Christmas at St Patrick's







Pictures from Anointing Mass & Christmas Party, with Parishioners and residents from Palm Lake Retirement Village, Fr Joseph and his helpers, and Anne Tracey enjoying a cuppa.



Fr Joseph during Children's Nativity Play at Children's Mass. Fr Joseph celebrated five Masses on Christmas Eve, starting at 7am with Sunday Mass and concluding at 1am with Midnight Mass.

Thank you Fr Joseph and everybody that helped for such a sterling effort.



The Christmas tree was most beautifully decorated in ornaments made out of wood, gold and silver.
Congratulations Celine Kaese.

Thank you also to Dr Josephine Ching and the Filipino community for the lovely outdoor light display, in the great spirit of Christmas.

### ST VINCENT DE PAUL SOCIETY

As we start another year, I thought it might be a good time to list the Society's key values which underpin our Mission and Vision.

The following are our 7 Key Values which we TRY to live by at St Patrick's Conference, Beenleigh:

#### + COMMITMENT

Loyalty in service to our mission, vision and service.

#### + COMPASSION

Welcoming and serving all with understanding and without judgment.

#### + RESPECT

Service to all regardless of creed, ethnic or social background, health, gender or social background.

#### + INTEGRITY

Promoting, maintaining and adhering to our mission, vision and values.

#### + EMPATHY

Establishing relationships based on respect, trust, friendship and perception.

#### + ADVOCACY

Working to transform the causes of poverty and challenging the causes of human injustice.

#### COURAGE

Encouraging spiritual growth, welcoming innovation and giving hope for the future.

#### MEMBERSHIP OF ST PATRICK'S CONFERENCE, BEENLEIGH

Quite a few of our conference members here in Beenleigh are getting on in years and have contributed their services for many years (a number of them for more than 20 years). I invite the next generations to step up.

If you join our conference, the Society will grow your passion by providing:

- # a chance to make a difference in people's lives.
- # opportunities and development.
- # meaningful social action.
- # connections with other like-minded people.

For more information, please ring one of the following:

Fay O'Toole 0407465478

Veronica Ghidella 0413462233

John Maksimas 0410602549

#### DATE CLAIMER:

St Vincent de Paul Fund Raising Dinner: Friday 27th July 2018

John Maksimas, president





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Principal Mr Chris Raju 4332 5222

sbeenleigh@bne.catholic.edu.au

In God we trust!

Trinity College Motto





When a family experiences the heartache and difficulty of the loss of a loved one, funeral arrangements can be a stressful time for everyone involved. Organising for a prepaid funeral can lighten some of that burden and relieve your family in a time of sorrow.

#### Planning for the future is a prudent approach

Nobody likes to think about it, but the fact remains that we are only on this earth for a short time. Pre-arranging a funeral is no different from saving for a holiday or putting money away for an investment. Pre-planning a funeral is a logical and sensitive way to ensure your passing can be celebrated with as little stress possible on the ones who love you. Our professional and helpful funeral director can guide you in completing the appropriate paperwork – nothing morbid or sad, just like filling out a will – practical, sensible and easy.

#### Holy Cross Funerals can ensure you have the funeral you want

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# Holy Land

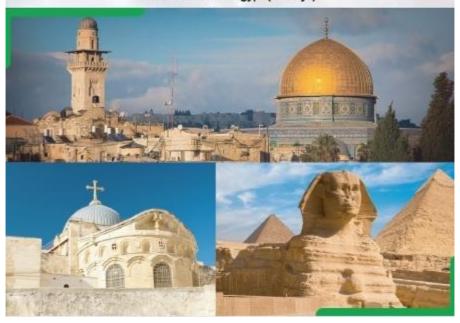


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