

# Parish Bugle



Issue 32,  
July 2021

## Spiritual Role of Grandparents

We live in a society that doesn't support our Christian faith and is actively hostile to it at times. Some of us might experience this hostility in our own families from our own grown children, and at those times we learn to treasure our faith in our hearts rather than speaking of it openly. In such situations Grandparents have a unique and wonderful position to influence yet another generation, passing on good Christian values. *"If your heart overflows with love for God, you will find a thousand ways to communicate and pass on these feelings to your children."* These are the words of St. Irenaeus, the most important theologian of the second century.

Building bonds with grandchildren takes a lot of time and energy so grandparents have to invest their lives into these young ones. Grandparents can be the steady hand to render assistance to their working children when there's illness or when unwelcome problems affect the family or there is separation or divorce. In supporting the grandchildren, the grandparents give their children time to work out the problems in their lives or in their marriage. Grandparent's support is so vital in such situations and prevents the grandchildren from crashing emotionally.

I believe that grandchildren need to be taught many values like courtesy, politeness, love, kindness, forgiveness, prudence, purity, honesty, truthfulness, modesty and proper language, etc. If parents are already teaching these values, you as grandparents can complement and reinforce what the parents are doing. As grandparents, you can help to shape and mould your grandchildren's lives into what God would have them be. You should have the capability to instil and impart the fundamentals of the Christian faith into their hearts and minds.

So have fun with your grandchildren and share your faith with them in many ways. But most importantly, your spiritual role as grandparents is to become more spiritual yourselves, to allow Christ to live in you. Christian grandparents have to live godly lives before their grandchildren. Many things are caught and not taught. They will observe you and imitate you, so it is important that you live right and imitate Christ. It is through your lives and examples that you earn the right to be involved in their lives. Remember that just as we can communicate faith in unspoken ways, if we aren't careful we can also convey the opposite.

*Fr Subin Thomas, Your Parish Priest*

*We acknowledge and pay respect to the land and the traditional families of the Yugambeh region of South East Queensland, including the Kombumerri, Mununjali, Wangerriburra and others, and their Elders past present and emerging.*

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## Q & A—Who and What was John the Baptist

According to some sources he was an itinerant Jewish preacher who was born between 10-1 BC and died 28-36 AD, he operated in the lower Jordan Valley. He is revered as a major religious figure in Christianity, Islam, the Baha'i faith and Mandaeism. He is regarded as a prophet in all these religions and as a saint by most Christians.

His importance for us was that he prepared the way for Jesus and foresaw his imminent arrival. Luke tells us that John was related to Jesus, and we are told in the Bible that Mary spent some months with her relative, Elizabeth, who was at the time pregnant with John.

His mission was to prepare the way for Jesus' coming with repentance and baptism. His presentation after time spent in the desert fasting and praying is one of austerity, a zealous and determined individual intent on his mission. A kind of firebrand in a hurry and brooking no obstacle in his work. He baptised Jesus yet recognised his own imperfections in the presence of the Lord. Strangely he sent disciples of his own to Jesus to confirm that he was the Messiah promised for so long.

John had only one message - prepare for the Lord's coming by repentance and by accepting Baptism through water, fully acknowledging that the coming Jesus would baptise his people in the Spirit and fire.

John seems to be the only Biblical figure that links the Old and New Testaments in the flesh so to speak - his message of fire and brimstone so different from that of the Christ's everlasting forgiveness and yet so necessary. He knew to whom he was preaching!

He was fearless in defence of righteousness and eventually was beheaded on the orders of Herod Antipas because of criticism of the King's marriage to Herodias after divorcing his first wife. This story has been treated extensively in art, literature and in music, so fascinating and barbaric it is. Herod was fearful of John seeing him as a holy man and only gave in to the request from his daughter and wife reluctantly.

After this terrible event and with the consequent rise of Jesus and his ministry, Herod was convinced for a while that it was John the Baptist come back to life. Jesus, according to the writers Mark, Matthew, and Luke, saw in him the last and greatest of the prophets, the one who prepared for the imminent arrival of God's Kingdom.

But in truth John the Baptist is "more than a prophet". In him the Holy Spirit concludes his speaking through the prophets. John completes the cycle of prophets begun by Elijah. He proclaims the imminence of the consolation of Israel; he is the "voice" of the Consoler who is coming. As the Spirit of truth will also do, John came to "bear witness to the Light".

Finally, with John the Baptist, the Holy Spirit begins the restoration to man of "the divine likeness" prefiguring what he would achieve with and in Christ. John's baptism was for repentance; baptism in water and the Spirit will be a new birth.

Credits to Catechism of the Catholic Church, Encyclopaedia Britannica, Wikipedia.

Terry O'Shea



*The Baptism of Christ by  
Piero della Francesca,  
painted in the 1450's*

## Our Parish

### VOLUNTEERS NEEDED TO CLEAN THE CHURCH!

Dear Parishioners,

Our Church is kept clean once a week on Saturday mornings by some wonderful volunteers who in some cases have been loyal to this task for many, many years.

The time has come where we need to seek support for them. We are fortunate in that the number of volunteers that we have enables us to create a roster whereby each individual is normally required once every four weeks.

It would be wonderful to have some extra helpers to either join our roster or if they can assist on an irregular basis to reduce the load on everyone.

If you can assist, please contact the Parish Office on 3287 2282.

With thanks,  
Margaret Harburg  
Parish Pastoral Council

There are many other tasks in a church like ours. If you have skills in any area, and if you have the time and desire to help, please feel free to put your hand up.



*Irene, one of our faithful parishioners who has been cleaning our Church for many years*

## Daily Prayer to the Holy Spirit for the World

Lord Jesus, give me every member of your church community, a hunger today to see all people encounter you as their personal Lord and Saviour.

Almighty God, three persons in one, send your Holy Spirit upon me, upon us, upon the Church, upon the Earth.

I am open to receive the Holy Spirit more into my life, as my Lord and giver of life, and to be used by the Holy Spirit for your purposes on the Earth.

Come Holy Spirit, Come. AMEN

*Submitted by Helen Bradford*



Shop 10, 834 Wembley Road, Browns Plains Phone: 07 3800 7161

# Jingeri (hello)!

Did you know it can take up to 25 years for lettuce to decompose entirely in landfill? Let that sink in... 25 years! The idea that my children will be adults by the time that lettuce has decomposed makes me sad. What then happens to clothes once they no longer fit, the excessive amounts of toys that are broken or unwanted, the ridiculous amount of dummies they seem to chew through... How long will they remain on the earth?

It's thought like this that constantly overwhelm me. I want to give my boys every opportunity to do their best in life but the rate this world is heating up what best could they possibly do if there is no earth to do it on?

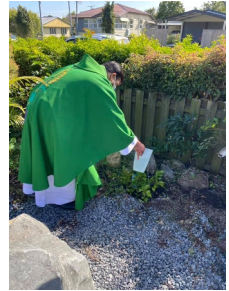
"Our lands will continue to burn from bushfires, droughts will continue to destroy our livelihoods..." -Naidoc.org.au

The moment I found out I was having twins was the moment I decided to reduce my household waste. I would recycle/upcycle as much as I could. Learn to mend. Learn to cloth nappy. Learn to make do. I'm not perfect, I have a lot of room to improve and A LOT I could do better on. But if a lot of people make small changes then that will lead to great change! Positive change.

NAIDOC may be only celebrated for a week, but the ideas of "Heal Country" is something that should remain with us lifelong. For centuries the Aborigines and Torres Strait Islanders have protected this land with their traditional practices and it's about time we listen and make real changes, especially with the Earth hurting so much from centuries of mistreatment. Our children and our future deserve better.

*Erica Ng Philipps*

*NAIDOC Mass. Planting of Lilly Pilli shrub, significant to Traditional Owners and given to St Patricks at launch of Archdiocese Reconciliation Action Plan (RAP).*



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# KID'S page

**Mark 10:13-16**



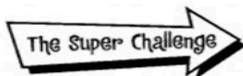
Jesus loved everyone, especially the children. He showed it through his words and actions. Can you tell what Jesus is saying to these kids by matching the letters to the blanks below?



1      2      3      4      5      6

7      8      9      10      11      12      13      14      15

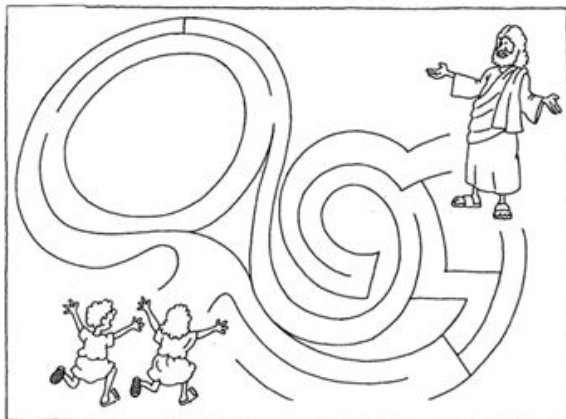
16      17      18      19      20



Circle 11 things wrong with this picture

**Mark 10:13-16**

**Help the children find their way to Jesus.**



'Let the Children come to Me'

Submitted by Amala Saju

# St Irenaeus

In his page one article Fr Subin quotes St Irenaeus when he says *"If your heart overflows with love for God, you will find a thousand ways to communicate and pass on these feelings to your children."*

St. Irenaeus was one of the most important theologians of the second century. He was born in Smyrna in Asia Minor into a Christian Greek family sometime between 120 and 140 AD. He studied in Rome and became Bishop of Lyon in present day France.

St Irenaeus had a connection to Jesus in that he was a student of Polycarp, who in turn was a direct disciple of the Apostle John.

He understood that what counts is not so much what we do with our children and our grandchildren as who we are in Christ.

Source Wikipedia



Irenaeus, in Church of St Irenaeus, Lyon, France.

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# St Vincent De Paul Society—St Patrick's Conference Beenleigh

## VINNIES HOUSE UPDATE

The removal of our Vinnies House was originally scheduled for the June school holidays. Due to delays in receiving appropriate approvals from Energex, Council, Archdiocese etc. this is now likely to occur in the September school holidays.

## WINTER APPEAL

We have now completed our Parish Winter Appeal. On behalf of all those less fortunate than ourselves, we thank our parishioners for their generous contribution of \$3151.05.

## OTHER FUND RAISING

Bunnings Sausage Sizzle. We held a very successful sausage sizzle at Bunnings, Bethania, on Saturday 12 June at which we raised in excess of \$1400.00. We wish to thank our donors - Coles, Woolworths, Fresh and Save as well as individual donations from our conference members. We especially thank our helpers on the day with special mention of Colleen and Wayne Clune, two of our parishioners. Thankyou.

## CONFERENCE STATISTICS REPORT FOR MAY/JUNE 2021.

Despite various restrictions due to Covid 19, we continue to be extremely busy with an ever increasing demand for assistance, especially food:

Total number of contacts - 275 Number of singles - 143 Number partnered - 65 Number of singles with child/children - 125 Total value of assistance provided - \$20105.30.

The total number of contacts equates to an average of nearly 7 per day. We thank our conference members for their compassion and dedication during these trying times.

## REDCLIFFE COACH TOUR

A mixture of Beenleigh parishioners and Lewani Palms residents (total of 40) joined us for a very enjoyable day visiting Redcliffe and surrounds. This number meant that we were able to cover our costs and make a small profit of \$100+ dollars.

Our NEXT COACH TOUR will be on SATURDAY 18 SEPTEMBER and we will be visiting Toowoomba Carnival of Flowers. All details during upcoming weeks. We hope to fill the coach with our parishioners.

*John Maksimas*





# St Joseph Tobruk Primary School

## Welcome to Mr Kevin Billion

This term we welcome our new school Principal, Mr Kevin Billion. We thank Mr Tony Barron and Mrs Maree Wright for their leadership of St Joseph's Tobruk Memorial Primary School and wish them both every success as they begin a new journey of leadership together opening the brand new school, Star of the Sea, Merrimac on the Gold Coast.

Mr Kevin Billion comes to Beenleigh from St Mary's at Beaudesert. He looks forward to building upon the strong traditions and reputation of St Joey's in the Beenleigh and surrounding community. Mr Billion has worked with Fr Subin in Beaudesert and feels fortunate to be reconnecting with him here at Beenleigh. Inspired by the story of Mary Mackillop, St Joey's will continue to be a place that strives to live and instil the traditions and values of the Josephite tradition and charism within its learners and community.

## School Song

Last Friday all students in Prep to Year 6 became recording stars as they came together to record the school song "Courage and Dreams" composed and written by Jim Cosgrove in 1992. We are so excited about having this song recorded almost 30 years on. This will mean that through song, students will continue to learn our history, story and the strong charisms that enrich our story and community.

*Kathryn O'Toole,  
Acting APRE—St Joseph Tobruk Primary*



## Community Advertisements

To help finance the Bugle and to provide a service to parishioners, the Bugle Group has decided to offer parishioners the opportunity to advertise in the Bugle. We envisage to charge \$15 for a space 25mm x 75mm.

To submit and advert:

1. Write or type the advert. Include item description, details like model no, age, price, location for pick up, phone number and name, to fit in space 25mm x 75mm
2. Place advert in envelope marked BUGLE include \$15
3. Place advert in collection basket or drop into office

To Start the Process:

**For sale** - white timber railing cot 1300 long x 670 wide x 900 high, sliding side rail. Slat-ted timber base; innerspring mattress; one set of cotton sheets. Very good condition - used by now school aged grandson for twice weekly day time sleeps over a 2 year period. \$100. Phone Anne on 0419 175 038



# Mother Teresa Primary School

Mother Teresa continues to grow in many great ways. We have installed two substantial constructions to the school grounds - one being our flagpole/commemoration space and the other being a revamp of our oval bank area - just look at how much it adds to our school.

Our students this year have been taking part in the Peer Support Program where our Yr 6 leaders, after 2 days training, lead mixed groups of P-5 students in activities that encourage and enhance peer relationships within the student population thereby improving student wellbeing and social skills. We are 5 sessions into an 8 session program which will conclude this term and it is great to see how well they are taking to it.

We also continue to celebrate our Catholicity and our Year 6 leaders represented us at the 200 Years of Catholic Education in Australia mass, which was held at St. Stephen's Cathedral in Brisbane.

We are grateful too, for Fr. Subin being able to visit us each fortnight and then also to visit classes afterwards – it is great for the students to build and maintain their connection with the parish and likewise for Fr. Subin connecting with us.

Our students also loved taking the opportunity to deepen their personal spirituality by walking the labyrinth during their break times - they even gave up play to do it!!

There's always great things happening at Mother Teresa!

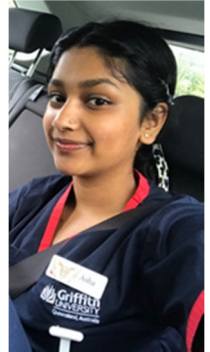
*Ben Torenbeek,  
APRE - Mother Teresa Primary*



# Asha's Story

Hello Parishioners,

My name is Asha Saju and I am a fellow parishioner of St Patricks Beenleigh. Me and my family have been attending our awesome parish for quite a while now. I am currently studying my Bachelor of Nursing at Griffith University and I was asked by our lovely Monica to share with you about a topic I believe would be interesting and appropriate. So, I thought why not talk about Mental Health. As a nursing student I have become quite aware of this topic and I wanted to share with you about the importance of maintaining a good mental health, and reaching out for help if you are struggling. Especially, during these unpredictable times.



Firstly, World Health Organisation recognises mental health as “a state of **well-being in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.**”

Amidst the past year with Covid-19 and other personal stresses in our life, I realised that many people's mental health have been negatively impacted. I myself struggled during the initial stages of the Covid-19 pandemic. Studying from home and not being able attend university face to face and being unable to meet my friends was quite challenging. Not being able to come to the parish and join in Mass was a struggle that we all faced at one point in time. But thanks to Heavenly Father, we are able to be back in our church and offer up Mass now.

Not too long ago, I attended a session for the youth given by a priest named Fr. Bony, regarding the topic of stress. I remember the father mentioning that as human beings we all undergo periods of stress in our life, and when we are unable to handle the stress, then it begins to impact our ability to work productively. Whether it be in our family, work or social life, stress is a normal part of being human. While it can be overwhelming at times, we have the ability to take control. I would like to share with you some of the tips that Fr. Bony shared with us.

- Identify the stresses in your life and acknowledge them
- Prioritise yourself
- Don't complicate life
- Utilise Cognitive Biblical therapy.



Fr. Bony encouraged us to turn to the Bible when we feel that things are not going right. When we feel that we are struggling. When we feel overwhelmed by the tasks we have to complete. Just turn to the Bible, he said. I encourage each and every-one of you to do the same. Corinthians chapter 10 verse 13 always gives me hope that from whatever struggle I am facing, I will have the courage to overcome it. The verse goes as so - “God is faithful, and He will not let us be tested beyond our strength. But, with the testing that comes our way, He will provide the way out so that we may be able to endure it.

I also want to share with some other tips, which I believe are useful and that have helped me at times. When you feel that you are having a low mood, I encourage you to speak to others. Share with someone that you trust about how you are feeling. Catch up with a friend or even talk to someone at our church. I remember during multiple occasions when I was feeling a bit worried about my studies or my friends, family or future, I would ask one of the parishioners to pray for me and instantly they would stand in the church and pray with me. I often think how lucky we all are to be part of an amazing Christian Faith and a loving parish community.

Continued next page

## Asha's Story Continued

If any of you ever feel that you are struggling with your mental health, please don't hesitate to reach out for help. Only we ourselves can make a change. I know that Jesus wouldn't want us to be suffering. Let us pray to God to be strong enough to have the courage to pick up our crosses and follow Jesus and live our blessed lives to the fullest. Some additional services you can utilise if you feel that you would like some extra support is Lifeline (13 11 14) or Beyond Blue (1300 22 4636). These services offer a safe space for individuals to just chat about whatever struggles they are facing.

Lastly, I just wanted to share with you all an image showing some simple steps that we can all take to keep our mental health a priority.

I love you all. Remember, God loves you. You are worthy!

God Bless,  
Asha Celin Saju

## St Patrick's Prayer Opportunities

St Patrick's Parish offers a lot of activities that parishioners can get involved in.

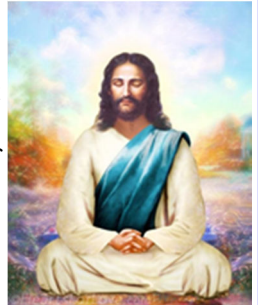
St Patrick's **Meditation** Group belongs to the World Christian Community Meditation worldwide group. The WCCM is a global spiritual community united in the practice of meditation in the Christian tradition. The meditation group meets every Monday at 9am in the Truelson Room, at the back of the Church. New members are most welcome.

The Breath of the Spirit **Prayer group** comes under the umbrella of Catholic Charismatic Renewal. The group meets every Tuesday at 10:30am in the Church. Feel free to explore if this is something for you.

The Parish **Choir** is practising for The Assumption of Mary and the Multicultural Mass. Practise is on a Wednesday night at 7pm in the church. If you like music and singing, please drop into the Church. As St Augustine said: "He who sings, prays twice."

We have **Adoration** in the Church on Friday mornings from 8-11am. It is an opportunity for us to come and spend some time with Jesus.

We pray the **Rosary** on Monday, Tuesday, Thursday and Friday mornings from 6:15am until just before Mass at 7am, On Saturdays we start at 7am. Feel free to join in.



### St Patrick's Mass Times:

Mondays and Tuesdays 7am  
Wednesdays No Mass  
Thursdays and Fridays 7am  
Saturdays 8am and 6pm  
Sundays 7am, 9am and 6pm

1st Friday of month, Healing Mass 9am  
Fridays Exposition of Sacrament 7am-11am  
Saturdays Mass/Novena 8am, Rosary 9am

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# No to Euthanasia There is another option.

The public campaign - "No to Euthanasia – There is another option" - advocates for a properly resourced palliative care system at the same time as standing firmly against the euthanasia and assisted suicide legislation due for debate in Queensland's parliament in September.

Unfortunately Palliative care is not well enough known or understood in the wider community. It is a specialty medical field that eliminates the need for euthanasia and assisted suicide. It commences at the point of terminal diagnosis and continues to ensure a person lives a pain free and meaningful life until the natural end of their life.

Catholic Health Australia (CHA) contends good palliative care is a life-supporting choice that manages pain using the latest technologies and analgesics, and recent research shows it can improve and extend quality of life.

[brisbanecatholic.org.au/articles/no-to-euthanasia-there-is-another-option/](http://brisbanecatholic.org.au/articles/no-to-euthanasia-there-is-another-option/)

*'I cannot speak highly enough of the wonderful care and attention my family and I received at the Palliative Care Unit at Logan Hospital prior to my husband Frank's death in September 2018. Frank's comfort of course was their first priority, but the staff were always ready at any time to help us through the very difficult few weeks and find the best ways to support Frank on the last leg of his journey.'*

*Anne Erbacher.*

We need you to help to ensure the euthanasia Bill is defeated. We need your action NOW. No Queenslanders should be forced to choose between pain and death.

How you can help:

1. Pray all Queenslanders might respect Church teaching that life is sacred from conception to natural death and our MP's support a fully funded palliative care system, negating the need for assisted suicide.
2. Arrange a meeting with your local Member of Parliament
3. Please also email your views to your local Member of Parliament

Please stand with Queensland Bishops and medical experts in opposing this legislation.

Dying with dignity already exists - it lies in being able to access high quality palliative care state-wide.

*Fr Subin Thomas*

## Bequests to the Parish

*Should any Parishioner be considering making a financial bequest to St. Patrick's Parish, such a bequest must be included in your Last Will and Testament.*

*There is an exactly worded statement required to be used when making such a bequest. This exact statement can be obtained from the Parish Office.*

## Disclaimer

*The views, opinions and comments expressed in the Bugle are those of the individual authors and do not necessarily reflect the official policy or position of the Roman Catholic Archdioceses of Brisbane, the Catholic Parish of St Patrick's Parish Beenleigh, or any other agency, organisation or company.*





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When a family experiences the heartache and difficulty of the loss of a loved one, funeral arrangements can be a stressful time for everyone involved. Organising for a prepaid funeral can lighten some of that burden and relieve your family in a time of sorrow.

## Planning for the future is a prudent approach

Nobody likes to think about it, but the fact remains that we are only on this earth for a short time. Pre-arranging a funeral is no different from saving for a holiday or putting money away for an investment. Pre-planning a funeral is a logical and sensitive way to ensure your passing can be celebrated with as little stress possible on the ones who love you. Our professional and helpful funeral director can guide you in completing the appropriate paperwork – nothing morbid or sad, just like filling out a will – practical, sensible and easy.

## Holy Cross Funerals can ensure you have the funeral you want

Many people have personal requirements or guidelines they would like their funeral to follow. Often this is something that's thought about in passing and not discussed with loved ones or family. Pre-arranging a funeral gives your family the ability to follow your wishes as they are outlined in your pre-arranged funeral documentation.

## Sureplan Funeral Insurance



Sureplan has managed funeral funds since 1935 and understands what is required when a family loses a love one. That is why Sureplan pays the funeral benefit within 24 hours of being advised as to the passing of a member as we know this relieves the financial stress for the family. In 1999 Sureplan launched a funeral savings fund called Sureplan Gold that had been designed specifically to cater for the needs of people who wanted to pre-fund their funeral.

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*An Outreach of the Catholic Church*

*Funerals with Faith*

# Eating in the 50's

1. Pasta was not eaten
2. Curry was a surname.
3. A takeaway was a mathematical problem.
4. A pizza was something to do with a leaning tower.
5. Crisps were plain; the only choice we had was whether to put the salt on or not.
6. Rice was only eaten as a milk pudding.
7. A Big Mac was what we wore when it was raining.
8. Brown bread was something only poor people ate.
9. Oil was for lubricating, fat was for cooking.
10. Tea was made in a teapot using tea leaves and never green.
11. Sugar enjoyed a good press in those days, and was regarded as being white gold. Cubed sugar was regarded as posh.
12. Fish didn't have fingers.
13. Eating raw fish was called poverty, not sushi.
14. None of us had ever heard of yoghurt.
15. Healthy food consisted of anything edible.
16. People who didn't peel potatoes were regarded as lazy.
17. Indian restaurants were only found in India.
18. Cooking outside was called camping.
19. Seaweed was not a recognised food.
20. "Kebab" was not even a word, never mind a food.
21. Prunes were medicinal.
22. Surprisingly, muesli was readily available, it was called cattle feed.
23. Water came out of the tap. If someone had suggested bottling it and charging more than petrol for it, they would have become a laughing stock!
24. And the things that we never ever had on our table in the 50s and 60s: elbows or phones!

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Submitted by Aileen Eley



From ABC's *Back in Time for Dinner*—Tripe with potatoes, beans and cabbage